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MANAS MAHABHARATA

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Learning's from manas - Maha bha ra ta

1. Ramayana is primarily *Dharma* Centric and Mahabharata is primarily *Satta* (Power) Centric.
2. These epics are not mythology, if they were just imaginative literature or poetry without any reality or solution to real world complexities they wouldn't have lasted for 5000 years.
3. **What is Mahabharata?** Ma- Manas or Mann, Haa - Haara hua (due to circumstances or events) or Bha - Bhaaga hua or Bhaagta hua (Like Sugreev) Ra - Rakshit (Saved), Ta - Krishna. In simple words Mahabharat se Hara hua Bhaga hua Mann jo Krishna se Rakshit hua. (Like Arjun)
4. **Root of this epic was Jaya Sanhita**, which evolved to Mahabharata with passage of time.
5. Mahabharata stands on four pillars of Dharma, Adharma, Swa-Dharma and Par-Dharma. While *Dharma* is Yudhishtir, *Adharma* is Duryodhana, *Swa-Dharma* is Arjun and *Par-Dharma* is Karna. Bishma Pitamah is the central point which ties everyone together. Krishna is the atmosphere which is beyond all these four pillars.
6. **What is Krishna?** Krishna element or Krishna tattva is beyond or has nothing to do Dharma, Adharma, Par-Dharma or Swa-Dharma. Krishna is param tattva, param-atama not mahatama.
7. Young Man, even if he is at the most important position, should take his seat only after the ensuring that the elder or senior people have taken their seats.
8. Do not eat in the house, where food is not served with love and respected.
9. Upon arrival and departure of respectable people, protocol must be strictly followed.
10. **What is the difference between Shiksha, Bhiksha and Deeksha?** Shiksha is social behaviour, etiquette, mannerism. Deeksha is Jaagaran, enlightenment. Deeksha is higher Shiksha. Bhiksha makes person go beyond varna, as he takes food from anyone in society.

11. What is third eye? Third eye could be a friend, son or mantra/sutras from holy book.

12. In Mahabharata, 5 methods have been used to take people under your wings are:

- i. Sankalpa (RamKrishna - Vivekananda, Mission to take his message in west)
- ii. Dhristi (Observation and Karma Yoga)
- iii. Shabad (Appreciative words, encouragement)
- iv. Sparsha (touch, pat on the back, muscles or shoulder) and \
- v. Sangharsha (Mental Exercises, Intense debates and discussions)

13. "Wo Sabha Sabha nahi jiss me Vriddha na ho; Wo Vriddha Vriddha nahi jisme Dharam na ho; Wo Dharma Dharam nahi jisme Satya na ho; wo Satya Satya nahi jo darta ho", Uma Shankar Joshi

14. Jab Jab hoye Dharam ki haani, Badahi asur, adham abhimani

Tab Tab prabhu dhari vividh sareera, hari kripa nij sajjan peera (Verse of Ramayana)

15. Yada Yada hi Dharamsyā glāne bhavti Bharatah,

Abhyuthanam adharamasya, Sambhavani yuge yuge (Verse of Mahabharata)

16. Dharma is of two types: Sukshma Dharma and Sthool Dharma. Krishna is master of Sookshma Dharma. If a venomous snake is approaching to bite a new born baby and you don't kill the snake to save the child, then Krishna says that you have committed a crime.

17. Love is the shape of God. If truth is spoken without love, it can cause long term fights.

18. Look at the post-war period to evaluate condition or achievements of each Mahabharata character. Be it yudir, duryodhana, arjun, yudhishtir

19. Responsibilities of every living human being on this planet are:

- 1) NO Anger irrespective of circumstances, 2) Always Speak Truth 3) Proper distribution of resources 4) Forgiveness 5) To Give Birth 6) Cleanliness of body as well as thoughts 7) Not to hurt anyone 8) Compassion 9) Feeding and helping others

20. What attributes made Krishna, the Jagat-guru or world master?

- 1) Strong dedication towards Dharma (Boon by Shiva)
- 2) Ability to kill the enemies (Boon by Shiva)
- 3) Get maximum Popularity (Boon by Shiva)
- 4) Physical and Political Power (Boon by Shiva)
- 5) Yog, ability to combine and unite (Boon by Shiva)
- 6) Agreeable and liked by everyone (Boon by Shiva)
- 7) Constant companionship of Sadhu folk (Boon by Shiva)
- 8) Thousands of sons and grand-sons (Boon by Shiva)

- 9) Never be angry against Brahman, religious men (Boon by Parvati)
- 10) My parents should be happy with me (Boon by Parvati)
- 11) Hundreds of sons (Boon by Parvati)
- 12) Best of Food and material comfort (Boon by Parvati)
- 13) Happiness in my family and folks (Boon by Parvati)
- 14) My mother should be happy (Boon by Parvati)
- 15) Seek Shanti. (Boon by Parvati)
- 16) To be successful in all initiatives and efforts (Boon by Parvati)

Eight more Blessings by Parvati

- 17) Effect of Krishna and his teachings will never fade away
- 18) Krishna will never speak lie, whatever he says will become truth
- 19) 16,000 queens
- 20) To be liked by everyone
- 21) Lots of money and material comforts
- 22) Love from Brother and friends
- 23) Physical beauty
- 24) 7000 guests will be fed on your behest everyday

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